FOR INFORMATION CALL

August 28, 2014

Alderwoman Milele A. Coggs (414) 286-2994

Walk this Saturday with Alderwoman Coggs and Mayor Barrett

Alderwoman Milele A. Coggs will be joined by Mayor Tom Barrett for a walk in the 6th Aldermanic District on <u>Saturday</u>, <u>August 30</u>, as part of the "Walk 100 Miles in 100 Days" initiative launched by the Mayor earlier this summer.

The 1-mile walk will begin at **11:30 a.m.** Saturday and should take about 30 minutes. All residents and businesses are invited to take part, and walkers will gather in front of the starting point – **The ARTery, at E. Keefe Ave. and N. Richards St.** Walkers will stride north on Richards St. (Beerline Trail extension) to Capitol Drive, and then turn around and return to The ARTery.

"I look forward to joining Mayor Barrett on the walk, and I invite neighbors to join us as well on Saturday," Alderwoman Coggs said.

"Walk 100 Miles in 100 Days" is a city-wide effort to engage Milwaukee residents and families to lead a more active lifestyle and implement physical activity into daily routines.

Please visit www.city.milwaukee.gov/Walk100 for more details on the program, to see about registering and to track your progress. A list of scheduled walks can also be found on the website.